



Monday	Tuesday	Wednesday	Thursday	Friday
			Turkey Hot Dog 1	Egg n Cheese Muffin 2
	Menus Subject to Change		4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 c Diced Carrots (16) 2 oz Turkey Hot Dog on 2 oz WG Bun [2 OEG] (21) Ketchup (3)/ Mustard Milk(12)	4 oz 100% Juice (15) ½ c Applesauce(15) 1 c Tater Tots (24) 1.5 oz Scrambled Egg Patty 0.5 oz American Cheese 2 oz WG English Muffin [2 OEG](24) Ketchup (3) Milk(12)
Cheese Pizza 5	Hamburger 6	Chicken Patty 7	Turkey Ham Swiss Meit 8	Salisbury Steak 9
4 oz 100% Juice (15) ¼ c Craisins(28) 1 c Fresh Baby Carrots (20) WG Cheese Pizza [2 MMA, 2 OEG] (34) Ranch Packet (2) Milk(12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 c Broccoli (10) 2 oz Beef Patty 2 oz WG Bun [2 OEG] (19) Ketchup(3)/ Mustard Milk(12)	4 oz 100% Juice (15) ½ c Banana(15) 1 c Baked Beans (52) 2 oz Chicken Patty on 2 oz WG Bun [2 OEG] (19) BBQ Packet (5) Milk(12)	4 oz 100% Juice (15) ½ c Fresh Apple(15) 1 c Tater Tots (24) 1.5oz Turkey Ham 0.5oz Swiss Cheese on 2 oz WG Ciabatta [2 OEG](30) Mayo Packet Milk(12)	4 oz 100% Juice (15) ½ c Applesauce(15) 1 c Green Beans(10) ½ c Diced Carrots (5) 2 oz Homemade Salisbury Steak w/ Gravy 2 oz WG Dinner Roll [2 OEG] (26) Milk(12)
Chicken Nugget 12	Swedish Meatballs 13	Chef Salad 14	Turkey Ham Dinner 15	Stir Fry Chicken 16
4 oz 100% Juice (15) ¼ c Craisins(28) 1 c Hickory Beans (45) 5 WG Chicken Nuggets [2oz MMA, 1 OEG] (13) 1oz WG Cookie [1OEG] (13) BBQ Packet (5) Milk(12)	4 oz 100% Juice (15) ½ c Fresh Apple(15) 1c Diced Carrots (10) 2 oz Meatballs w/ Gravy Over ½ c WG Pasta [1 OEG] (20) 1 oz Breadstick [1 OEG] (14) Milk(12)	4 oz 100% Juice (15) ½ c Banana (15) 1 c (½ c equ) Salad Mix ½ c Baby Carrots (10) 1.5oz Roasted Chicken 0.5oz Cheddar Cheese 2 oz Dinner Roll [2 OEG](26) Ranch Packet (2) Milk(12)	4 oz 100% Juice (15) ½ c Fresh Apple(15) ½ c Mashed Potatoes(10) ½ c Kernel Corn (9) 2 oz Turkey Ham w/ Gravy 2 oz WG Dinner Roll [1 OEG] (26) Milk(12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 c Broccoli (10) 2 oz Stir Fry Chicken over ½ c Brown Rice [1 OEG] (55) 1 oz WG Dinner Roll[1 OEG] (13) Milk(12)
Stuffed Pizza 19	Marinara Meatballs 20	Fiesta Chicken Bowl 21	22	23
4 oz 100% Juice (15) ¼ c Craisins(28) ¾ c Green Beans(10) WG Stuffed Cheese Pizza [2 MMA, 2 OEG](34) ¼ c Marinara (7) Milk(12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) ¾ c Broccoli (10) 2 oz Meatballs w/ Marinara Sauce ½ c WG Pasta [1 OEG] (45) 1 oz Dinner Roll(13)[1OEG] Milk(12)	4 oz 100% Juice (15) ½ c Banana (15) 1 c Mexi Beans (23) 2 oz Roasted Chicken w/ ½ c Spanish Rice [1 OEG] (37) 1 oz WG Sugar Cookie [1 OEG](13) Milk(12)	Thanksgiving 	No Service
Cheese Pizza 26	Turkey Meit 27	Sweet and Sour Chicken 28	Loaded Mac & Cheese 29	French Toast & Sausage 30
4oz 100% Juice (15) ¼ c Craisins (28) 4 oz 100% Vegetable Juice (15) ½ c Fresh Baby Carrots (10) WG Cheese Pizza [2 MMA, 2 OEG] (34) Ranch Packet (2) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple(15) 1 c Diced Carrots (10) 1.5oz Turkey 0.5 oz American Cheese 2 oz WG Bread [2 OEG] (24) Mustard Milk(12)	4 oz 100% Juice (15) ½ c Banana (15) 1 c Broccoli (10) 2 oz Chicken w/ Sweet & Sour Sauce ½ c Brown Rice [1 OEG] (23) 1oz Sugar Cookie (1OEG] (13) Milk(12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1c Baked Beans (52) 2 oz Cheese Sauce 1 oz Turkey Ham over 1 c Rotini [2 OEG] (41) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce(15) 1 c Tater Tots (24) 3 WG French Toast Sticks [2 OEG](22) 2 oz Turkey Sausage (2 MMA) Syrup Cup(31) Milk(12)

Monday	Tuesday	Wednesday	Thursday	Friday
			11/1	11/2
	Menus Subject to Change		4 oz 100% Juice (15) ½ c Fresh Banana (15) 2 oz Triple Berry Bar [2 OEG] (30) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz Cinnamon Toast Crunch Cereal [1 OEG] (22) 1 oz Graham Cracker [1 OEG] (11) Milk (12)
11/5	11/6	11/7	11/8	11/9
4 oz 100% juice (15) ½ Applesauce (15) 2 oz Crunch Mania [2 OEG] (37) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) 2 oz Breakfast Round [2 OEG] (44) Milk (12)	4 oz 100% Juice (15) ¼ Craisins (28) 1 oz Trix Cereal [1 OEG] (24) 1 oz. Animal Cracker [1 OEG] (23) Milk (12)	4 oz 100% juice (15) ½ c Fresh Banana (15) 2 oz Lemon Crunch Bar [2 OEG] (42) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz Cocoa Puffs [1 OEG] (25) 1 oz Goldfish Graham [1 OEG] (14) Milk (12)
11/12	11/13	11/14	11/15	11/16
4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Maple Oat Bar [1 OEG] (28) 1 oz String Cheese [1 MMA] Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) Strawberry Yogurt [1 OEG] (14) 1 oz. Goldfish Grahams [1 OEG] (14) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 oz Strawberry Bar [1 OEG] (23) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) 2 oz Cherry Granola Bar [2 OEG] (43) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz Golden Grahams [1 OEG] (24) 1 oz Animal Cracker (23) Milk (12)
11/19	11/20	11/21	11/22	11/23
4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Chewy Quaker Bar [1 OEG] (19) 1 oz Cheddar Square [1 MMA] Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) 1 oz WG Cinnamon Chex [1 OEG] (22) Milk (12)	No Service	Thanksgiving 	No Service
11/26	11/27	11/28	11/29	11/30
4 oz 100% Juice (15) ½ c Applesauce (15) 2 oz Lemon Chip Bar [2 OEG] (42) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) 2 oz Breakfast Round [2 OEG] (44) Milk (12)	4 oz 100% Juice (15) ½ c Craisins (28) 1 oz Apple Zing [1 OEG] (19) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) 2 oz. Crunch Mania [2 OEG] (37) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz WG Fruity Cheerios [1 OEG] (25) 1 oz Graham Cracker [1 OEG] (11) Milk (12)

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